

For
M.Ed spl edu.
B.Ed spl edu.
D.Ed spl edu.

It's All About Me!

Understanding My IEP

Name: _____



Vandana Mishra
Assistant Professor
NGBU

What is My IEP?

- ☐ My Individualized Education Program (IEP) is a roadmap to help me reach my goals.
- ☐ Each year, my teachers, my parents and others meet to talk and make decisions.
- ☐ Being a part of my IEP allows me to have a voice about these decisions.



All IEPs include the following four parts:

- 1. Present Level of Performance**
- 2. Accommodations and Modifications**
- 3. Goals**
- 4. Services**

Understanding the Parts of My IEP!



Present Level of Performance:

This part lists my strengths and needs and may include test scores and explanations, observations, comments from you, teachers, parents/guardians, and others.

- ☐ *I can provide information or help write part of the Present Level of Performance.*

Accommodations:

How schools and my teachers adapt, adjust, or change the physical environment, instruction or services for me so that my disability does not affect my learning. These are based upon my special needs.

- ☐ *I can help the IEP team decide what accommodations help me.*

Goals:

What I intend to accomplish.

- ☐ *I can help develop the goals of my IEP. I also need to help monitor my progress towards these goals.*

Services:

Special supports I will need to benefit from school and reach my goals.

- ☐ *I need to share information about me and the supports I need.*

Understanding and Participating in My IEP!



Present Level of Performance

Read the Present Level of Performance section in your current IEP with your teacher or parent/guardian and answer the following questions:

1. What are the words that students my age do not understand?

2. Does the Present Level of Performance section describe:

My strengths? ☐ Yes or ☐ No

My interests? ☐ Yes or ☐ No

My weaknesses or needs? ☐ Yes or ☐ No

How my disability affects me in the classroom? ☐ Yes or ☐ No



Please answer the following questions so this information can be included in the Present Level of Performance in my new IEP:

1. What classes do I like the most?

2. What classes do I not like as much?

3. How do I learn the best?

4. What jobs or chores do I have at home?

5. When I grow up, what would I like to do?

6. When I am not in school, what do I like to do?

7. What do I want others to know about me?

Accommodations

Read the Accommodations section in your current IEP with your teacher or parent/guardian and answer the following questions:

1. What are the words that students my age do not understand?

2. Are there any accommodations listed that I think I may not need?
☐ No or ☐ Yes (If Yes, please list them below.)

3. Are there any accommodations that I think need to be added?
☐ No or ☐ Yes (If Yes, please list them below.)



Goals

Read the Goals section in your current IEP with your teacher or parent/guardian and answer the following questions:

1. What are the words that students my age do not understand?

2. Do I feel that I am getting close to meeting the goals in my IEP?
☐ Yes or ☐ No

3. What goals do I want to be included in my IEP?



Services

Read the Services section of your current IEP with your teacher or parent/guardian and answer the following questions:

1. What are the words that students my age do not understand?

2. Who helps to support me at school?



Learning More

Read these two brochures with your teacher or parent/guardian:

- Suggestions for Your Participation in the IEP Process
- What are My Rights as a Student with a Disability?

Here is a list of questions that I have about my IEP.

Here is a list of suggestions for how I can participate in my IEP meeting.

i'm
deter
mine